## **Learning Guide 11** Where Can We Start?

This learning guide is designed for use by Professional Learning Communities, learning coaches and teacher leaders or as a self-paced study to enhance the use of natural supports to increase the engagement of students with significant disabilities with the school community.

# Natural Supports: In Conversation with Dr. Erik Carter



This guide is intended to facilitate conversation

## **General synopsis**

In this short video clip, Dr. Erik Carter offers some tips on how to begin setting up natural peer mentoring arrangements in your school.

# **Key understandings**

- Start small—one student, one class at a time—build success and then expand to more students and/or classes.
- Identify one or two priority areas where you could have a significant impact and focus on these priorities for a year.

### **Questions for discussion**

- How are students with significant disabilities currently being supported in your school?
- Identify one or two opportunities in your school where a peer mentor might make a positive impact for students with significant disabilities.
- What will motivate students to become peer mentors?

### For more information

- For resources and training materials for mentoring, see: Alberta Mentoring Partnership website: <a href="http://www.albertamentors.ca/">http://www.albertamentors.ca/</a>
- For an overview of the research on peer mentors for students with significant disabilities, see: Carter, E. (2011). Supporting peer relationships. In M. Snell & F. Brown (Eds.), *Instruction of students with* severe disabilities (pp. 431–460). Boston: Pearson.
- For practical information on peer buddies, see: Carter, E. (2008). *Peer buddy programs for successful school inclusion*. Baltimore: Paul H. Brookes.
- For an overview of peer support techniques, see: Carter, E. (2008). Promoting rigor, relevance, and relationships through peer support interventions. *TASH Connections*, March/April, pp. 20–23. <a href="http://www.waisman.wisc.edu/naturalsupports/pdfs/Peer Supports TASH Connections 2008.pdf">http://www.waisman.wisc.edu/naturalsupports/pdfs/Peer Supports TASH Connections 2008.pdf</a>
- For examples of activities and materials related to natural supports, see: Natural Supports Project, University of Wisconsin-Madison <a href="http://www.waisman.wisc.edu/naturalsupports/resources.php">http://www.waisman.wisc.edu/naturalsupports/resources.php</a>

#### **Acknowledgement:**

This guide was developed through a collaboration between Edmonton Regional Learning Consortium, Alberta Education and Alberta Mentoring Partnership. It is freely provided in support of improved teaching and learning under the following Creative Commons licence. 

[CC] EY-NO-SA







