



## INVEST in your Intervention Efforts

**I**

**Identify  
problem and  
goals**

What it means to  
me...

**N**

**Name  
indicators of  
success**

What it means to  
me...

**V**

**Validate your  
assumptions**

What it means to  
me...

**E**

**Execute  
program**

What it means to  
me...

**S**

**Seek  
outcomes and  
understanding**

What it means to  
me...

**T**

**Tweak and  
transfer**

What it means to  
me...